

Patti Nemeth, M.D.

1 UNITED STATES DISTRICT COURT
2 FOR THE SOUTHERN DISTRICT OF ILLINOIS
3 - - -
4 IN RE DEPAKOTE: :
5 RHEALYN ALEXANDER, :
6 et al., : No.
7 Plaintiffs, : 12-52-NJR-SCW
8 vs. :
9 ABBOTT LABORATORIES, :
10 INC., :
11 Defendant. :

12
13 DEPOSITION UNDER ORAL EXAMINATION OF
14 PATTI NEMETH, M.D.

15 9:00 a.m.

16 Rio Rancho, New Mexico

17
18 - - -
19 REPORTED BY: DANA SREBRENICK, CRR, CLR

20 - - -

21
22 Golkow Technologies, Inc.
23 877.370.3377 ph | 917.591.5672 fax
24 deps@golkow.com
25

1 So that was probably the one that I would
2 pick and it worked for -- oftentimes when we see a
3 patient, certainly urgently, we don't really know
4 what kind of seizures they have. We don't have a
5 history. They're unable to give it. And we don't
6 have the diagnostic tests. So Keppra is used for
7 all types of seizures and so we often start with
8 that.

9 MR. OTT: Let him ask another question so
10 we get back on.

11 THE WITNESS: Okay.

12 BY MR. BROSS:

13 Q. So is it fair to say that you choose the
14 drug or the treatment that's most efficacious with
15 the least risks?

16 MR. KLATT: Objection, form.

17 A. Yes. That would be true, but we also --
18 when I was a neurology resident, we kind of had a
19 scripted idea that generalized seizures would be
20 treated by one thing and absence should be treated
21 by another and complex partial by another; but as
22 I say, in clinical practice, you sort of evolve
23 into your approach to drugs.

24 Like, for example, Dilantin is one of the
25 most used drugs, but it had a large number of

1 potential side effects so it was rarely the first
2 choice. And epileptologists will pick some of the
3 newer drugs that they have a better understanding
4 of.

5 BY MR. BROSS:

6 Q. So it sounds like what you just told me
7 is that if you have a class of drugs, the
8 relative -- relevant risks and benefits among
9 those drugs in a similar class are important for
10 you to consider?

11 A. Yeah, yes. The class of drug is -- or --
12 is important particularly in things like
13 pregnancy.

14 Q. So when you're looking at a drug to use,
15 you look at all factors, all -- the totality of
16 the drug's risks or factors?

17 A. I do.

18 Q. And in your practice, if a company knew
19 that a drug was more dangerous for a certain
20 population, would you expect them to let you know
21 that?

22 MR. KLATT: Objection, form.

23 A. Well, I do know that because just in
24 practice, you're reading and you know -- you know
25 that Depakote has a higher risk for malformations.

1 Q. And I believe you actually touched on
2 this earlier, too, I don't want to -- I'm going to
3 try to not repeat questions I ask, so that's why
4 I'm pausing, so if you'll excuse me. But I think
5 you said when you place a patient on a medication,
6 it's a decision that's made by both you and your
7 patient?

8 A. That's correct.

9 Q. Can you describe informed consent, what
10 it means to you?

11 A. That's where a patient agrees to be -- to
12 treatment based on their knowledge of the risks
13 and benefits as really discussed by the physician,
14 and then the physician, of course, based on his or
15 her information or knowledge.

16 Q. Then would you agree that it's -- and I
17 think you would -- the responsibility of the
18 physicians to give the patients the knowledge or
19 the information they've been provided?

20 A. Yes.

21 Q. And if when you were prescribing Depakote
22 to Ms. Sansone in 2004 you'd been provided
23 additional information about the risks of birth
24 defects with the use of Depakote, you would have
25 shared that with Ms. Sansone?

1 she couldn't take them, I would still -- I would
2 talk to her about it. And that's what we did.

3 BY MR. BROSS:

4 Q. And I guess my question's a little
5 different.

6 A. Okay.

7 Q. If -- you knew about the risks that you
8 knew at that time, but if you'd known the risks
9 were four-fold greater, would you have shared that
10 with Ms. Sansone?

11 MR. KLATT: Objection, form, foundation.

12 MR. OTT: He's asking if you had other
13 information, did you talk to your patient about
14 it.

15 A. Yes, I talked to the patient about new
16 information if it applies to them.

17 Q. An important part of the process then is
18 to discuss the various therapies and the benefits
19 of the therapies and the risks of the therapies
20 and to allow the patient to -- to have a say in
21 the informed consent process, if you will?

22 A. That's right.

23 MR. KLATT: Objection, form.

24 Q. And is it fair to say that after you
25 discuss things with your patients, ultimately it's

Patti Nemeth, M.D.

1 their decision to decide what to do?

2 A. Yes.

3 Q. So if they -- if they don't want to take
4 something, you respect that decision?

5 A. Yes.

6 Q. I mentioned sales reps briefly. Do you
7 know if they visited you about Depakote?

8 MR. OTT: That would be an Abbott rep.

9 MR. BROSS: It would have been an Abbott
10 rep, sorry.

11 A. I don't recall.

12 BY MR. BROSS:

13 Q. Do you recall if they ever left you any
14 studies or documents?

15 A. Well, I just don't recall in a general
16 way. I know that the Depakote reps came because
17 we would get samples in our closet, but I don't --
18 I just don't remember any particular conversation
19 or --

20 Q. Do you know if they ever left any patient
21 leaflets or any handout materials when they left
22 you those samples in the closet?

23 A. I couldn't say for sure for that
24 particular drug, but we did get them. They would
25 give us promotional pages about their drugs. I

Patti Nemeth, M.D.

1 MR. KLATT: Objection, form.

2 A. I would say yes, but -- yes.

3 BY MR. BROSS:

4 Q. "Then, therefore, antiepilepsy drugs
5 should be administered to women of childbearing
6 potential only if they are clearly shown to be
7 essential in the management of their seizures."

8 Does that again sound like a sort of
9 class warning, if you will, disclosure?

10 MR. KLATT: Objection, form.

11 A. I guess -- I think it sounds like a
12 general warning.

13 Q. The next paragraph, "The incidence of
14 neural tube defects in the fetus may be increased
15 in mothers receiving Valproate during the first
16 trimester of pregnancy. The Centers for Disease
17 Control, CDC, has estimated the risk of valproic
18 acid exposed woman having children with spina
19 bifida to be approximately 1 to 2 percent."

20 A. Uh-huh.

21 Q. Now, if the manufacturer had known that
22 the incidence could be higher, would you have
23 wanted to have known that?

24 MR. KLATT: Objection, form and
25 foundation.

Patti Nemeth, M.D.

1 A. I would have wanted to have known that.

2 BY MR. BROSS:

3 Q. Would you have expected them to report
4 it?

5 MR. KLATT: Objection, again, form and
6 foundation. You can answer, Doctor.

7 THE WITNESS: Okay.

8 A. Yes.

9 Q. "Other congenital anomalies, example,
10 craniofacial defects, cardiovascular malformations
11 and anomalies involving various body systems
12 compatible and incompatible with life have been
13 reported. Sufficient data to determine the
14 incidence of these congenital anomalies is not
15 available."

16 A. Okay.

17 Q. And, again, I'm just asking, would you
18 want to know the totality of the risks of a drug
19 that you are considering using?

20 A. I would want to know what is -- what is
21 known, yes.

22 Q. And I think we mentioned earlier or I
23 asked you earlier if you would expect for a drug
24 label to be accurate?

25 A. Well, accurate, yes.

1 A. Yes.

2 BY MR. BROSS:

3 Q. And may that have played a decision in
4 your prescription decisions?

5 MR. KLATT: Objection, speculation.

6 A. Well, it would depend on the situation.

7 Q. But if the potential for increased
8 congenital birth defects was actually four-fold
9 higher, would that have been important for you to
10 know?

11 MR. KLATT: Objection, form and
12 foundation.

13 A. It would be important to know. But,
14 again, without knowing exactly the situation at
15 the time with the patient being pregnant, having
16 seizures, tol -- not tolerating other medications,
17 I don't know exactly what our conversation -- I
18 know what our conversation would be about, but I
19 don't know what the -- what decision we would come
20 up with, but I would definitely talk to the
21 patient.

22 Q. Is there anything here, though, that led
23 you to believe or leads you to believe that
24 Depakote is more teratogenic than other
25 antiepileptics?

1 MR. KLATT: Objection, asked and answered
2 multiple times.

3 MR. BROSS: I think it's different.

4 A. I have to read that. Let me read the
5 whole thing again. This is the 2004, okay.

6 It certainly doesn't tell -- doesn't give
7 percentages in comparisons of other drugs. It is
8 a general statement that there is a risk -- a
9 fetal risk with this drug.

10 BY MR. BROSS:

11 Q. I think you read my mind on -- my next
12 question was, there's nothing in the label that
13 tells you the overall incident rate could be
14 higher, could be anywhere from 10 to 28 percent?

15 MR. KLATT: Objection, form, lack of
16 foundation.

17 A. No.

18 Q. And I think it says there's really -- the
19 last paragraph, insufficient data -- well,
20 "sufficient data to determine incidence of these
21 congenital anomalies is not available."

22 And I guess it was safe to say -- safe
23 for me to assume or say that you didn't have any
24 knowledge of these higher levels back in 2003 or
25 2004?

1 you were asked, you would not want the data and
2 information to be speculative. And I think your
3 answer to that is correct. But I think it's fair
4 that you would want the data that's used and
5 reported to be accurate about conditions and --
6 for medications that you're prescribing?

7 A. Yes.

8 Q. And of course, while it's true that
9 babies could be born with or without birth
10 defects, whether using any of the antiepileptics,
11 you would want to know -- you would want to know
12 the actual increased risks in forming decisions?

13 A. Yes, but I -- but it's broad. So I want
14 to know of all the various types of
15 teratogenicity, to the extent that they're known,
16 I would, yeah.

17 Q. And you would take all that into account
18 in your prescribing practices?

19 A. Yes.

20 Q. And I know there was some discussion
21 about the pregnancy categories, pregnancy
22 categories C and D. But within those categories,
23 they're not actually quantifying or telling you
24 what risks there are; is that correct?

25 MR. KLATT: Objection to form.